



September 2011
Newsletter

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<p>Date to be arranged</p> <p>'The Padley Pilgrimage'</p> <p>Approx 6 mile walk from Hathersage incorporating an exclusive tour and talk at historic Padley Chapel</p> <p>£10 (to include talk)</p>	<p>Friday September 23rd</p> <p>'The Tipple Trail'</p> <p>Approx 6.5 mile walk around the Chatsworth Estate to include a tour of Peak Ale brewery with a bottle of Real Ale to take away!</p> <p>£15 (to include tour and Ale)</p>	<p>Wednesday September 28th</p> <p>'Pym's & Prayers'</p> <p>Approx 7 mile walk around the Goyt Valley incorporating the ruins of Errwood Hall, honeypot shrine and an ascent to Pym Chair and Shining Tor</p> <p>£10</p>	<p>Tuesday October 4th</p> <p>'Three Stoops to Conquer'</p> <p>Approx 9-mile walk high on the Dark Peak moors and Edges from Longshaw Lodge, passing 3 ancient guide stoops including my absolute favourite!</p> <p>£10</p>
<p>Saturday October 15th</p> <p>'The Ecton Experience'</p> <p>A choice of either a 3 or 8 mile walk in the Manifold Valley with underground and overground tour of the former Ecton Copper Mine + scrumptious lunch</p> <p>£15 (to include tour + lunch)</p>	<p>Sunday October 16th</p> <p>'The Steam Train Special'</p> <p>Approx 5.5 mile walk along part of the Derwent Valley Heritage Way starting with a steam train ride and including a short town tour of Matlock</p> <p>£10 (to include the train ride)</p>	<p>Wednesday October 19th</p> <p>'Buxton Inside & Out'</p> <p>Approx 3.5 mile town tour of Buxton incorporating Buxton Country Park, Solomon's Temple and an option to go into Poole's Cavern</p> <p>£7.50 (does not include cost of cavern)</p>	<p>Sunday October 30th</p> <p>'All Fired Up & Raring to Go!'</p> <p>Approx 5.5 mile heritage walk around Cromford, Cromford Canal & High Peak Trail including a visit to Leawood Pumphouse which will be fired up and operating.</p> <p>£10</p>

(For further information on the above walks please scroll down.

You will also find articles of local interest, a picture quiz, puzzle, snippet of the month, and details of one of my favourite footpaths)

Hello fellow hikers and countryside lovers.

I hope you enjoyed your summer as autumn has now officially arrived.

Blackberries are ripening, trees are beginning to change colour, my housemartins are preparing to take off on their winter hols and there is the usual plague of wasps around my damson tree - one of the little blighters got me on the finger yesterday. It swelled up so much that I could not bend my poor little digit. Touch typing became a problem as I couldn't get to 'b' or 'n' on the bottom line. I got my revenge though as I hit the evil little '.ugger' with my shoe!!

The Well Dressing season is drawing to a close but with Hartington still to display from September 10th to 18th. Its harvest time! Some churches are offering special services as well as there being a diary of Village Shows where amateur green-fingered residents can show off their produce.

Preparations are underway for Halloween and Bonfire Night and dare I say it, Christmas! Oh no, another year on the wane.



Before any thoughts of the Festive Season however I am hoping for some lovely autumn days to come with dramatic colours and fabulous sunsets. At present there is a rosy glow or should I say heathery glow to the Dark Peak and it is simply heaven to walk across those rugged moors.



My beautiful Lathkill Dale is a bit dank and overgrown. The river disappeared upstream from the lodge many weeks ago and I think it will take a tropical storm to get it flowing again.

I've had a very busy time in the last couple of months and have oodles of walks and talks planned for the next few weeks which will keep me busy. I'm really looking forward to Thursday September 15th as I've been invited by Radio Derby to be a 'loudmouth' on their afternoon show between 2-3pm. Evidently it's a bit like Loose Women and I can have my say on a choice of three topical subjects. I was told that the more I say the better it will come across - do they know how much I can talk!

Forthcoming Walks

If you are interested in booking onto any of the following walks or would like to know more, please do not hesitate to phone 01629 814108/07989 622692 or email me at mail@sallymosley.co.uk.

Sept/Oct date to be confirmed – 'The Padley Pilgrimage'

Tucked away beside the wooded slopes of Padley Gorge is an ancient chapel steeped in history but with a tragic story to tell of the Padley Martyrs. We meet at the bottle bank car park opposite the swimming pool in Hathersage at 9.45 with a view to setting off at 10am. The walk to Padley is along a scenic riverside path which forms part of the Derwent Valley Heritage Way. Our route will be carpeted with spring flowers as we head up through mature woodland on old paths to Padley Chapel for an exclusive tour and talk by custodian Celia White who tells the fascinating history of this amazing building. Prepare to be spellbound! Afterwards we will continue along the track to pass the entrance to Tootley Tunnel and a chance to visit the „Brief Encounter“ café at Grindleford Station. The return to Hathersage is elevated to appreciate and admire the stunning and far reaching views towards Dark Peak hills which surround the Hope Valley. **£10 (to include the tour and talk at Padley)**



Friday 23rd September - 'The Tipple Trail'

A walk of approximately 6.5 miles starting from Chatsworth House and following a stretch of the Derwent Valley Heritage Way through the glorious estate landscaped by Lancelot 'Capability' Brown to Calton Lees, before heading up to Calton Pastures for elevated views (weather permitting). We then descend the old Chesterfield coach road to Edensor before heading to the tucked away premises of Peak Ale for a tour of their micro brewery which produces some award winning ales including Bakewell Bitter and Chatsworth Gold. As most people will be driving home, I have arranged that they take a complimentary bottle away with them to consume later but there will be some little tasters to flavour the visit.

£15 per person (to include the tour and bottle of ale)



Wednesday 28th September - 'Pym's & Prayers'

A walk of approximately 7 miles beginning at the side of Errwood Reservoir, set in the stunning Goyt Valley near Buxton, which should be preparing for its amber coat of autumn glory! We will walk up to the remains of Errwood Hall before ascending a lovely path to the moors, passing the honeypot shrine to Delores de Bergrin who was the governess to the Grimshawe family that lived in the Hall. From here our route is onwards and upwards to Pym Chair before striding off across a fabulous path to Shining Tor with far reaching views of the Cheshire plains and planes landing at Manchester airport (weather permitting)! We then descend an old coach road to return to the bottom of the valley.

£10



Tuesday 4th October - 'Three Stoops to Conquer!'

Most people that know me are aware that I am an anorak when it comes to guide stoops (early way-markers). This walk is a hike over the hills to see three of these fabulous old stones which date back 300 years, including my all-time favourite! To find out why it is so special you will have to join me on my 9-mile hike over the moors from Longshaw Lodge to White Edge and Curbar Gap. The return is via Curbar Edge, Froggatt Edge and the Longshaw Estate. A rucksack snack would be a good idea but we will also call in at The Grouse and possibly end the walk in the tearoom at Longshaw if there is time. We meet at the National Trust pay and display car park at Longshaw Lodge at 9.30 with a view to setting off at 10 am.

£10 per person



Saturday 15th October - 'The Ecton Experience' Located on the Staffordshire side of the Peak District National Park, Ecton Hill is steeped in history. Hidden from the outside world are a labyrinth of shafts and passageways leading down almost 1400 feet (most now flooded and inaccessible) that formed Ecton

Copper Mine. In its heyday during the late 18th and early 19th centuries, Ecton was the richest copper mine in Europe and possibly the world. The mineral rights were owned by the Dukes of Devonshire from Chatsworth who used the vast profits to stock their stately home with treasures and to build the famous Crescent and indoor Riding Stables at Buxton (now known as Buxton Dome).

This fantastic walk is an opportunity not just to enjoy the magical Manifold Valley which is a stunningly beautiful and picturesque Dale, but to experience an underground/overground tour of the mine with specialist guides (no scrambling or ladders!) as well as a miners picnic lunch of home-made soup, bread, cakes and biscuits. The morning starts with a walk to the mine along the Manifold Way which was the route of a former narrow gauge light railway, then follows your Ecton Experience adventure. In the afternoon there is a choice of cutting short your day by returning to your car, or extending your knowledge of the area with a guided walk of approximately 5.5 miles (about 8 miles in total for the whole days hiking) through the Manifold Valley, calling in at the famous Wetton Mill tearooms which are picture postcard pretty!

£15 (includes walk + tour + picnic lunch)



Sunday 16th October - 'The Steam Train Special'

This moderate walk of approximately 5 ½ miles starts by meeting at Rowsley South Station, the northern terminus of Peak Rail. After watching the tender being coupled up to carriages, we climb on board for a trip back in time with a steam train ride down to Matlock. There now follows a short tour of the town with snippets about its transformation in the mid 19th century when Matlock Bank was established as a hydropathic health resort popular with visitors from around the world. After an opportunity to picnic in the fabulous Hall Leys Park, our return to Rowsley South is a leisurely walk along a stretch of the Derwent Valley Heritage Way.

£10 (includes walk + train ride)



Wednesday 19th October - 'Buxton Inside & Out'

This is a lovely Town walk of about 3.5 miles to discover some of Buxton's architectural and historical treasures from the famous Dome and Crescent to little known surviving relics from an industrial past. After wandering for a while around the town, we head to the hilltop in Buxton Country Park for an ascent of Solomon's Temple, a distinctive landmark which was built in the 19th century. From here we descend to Poole's Cavern for an optional tour into the hillside. This is one of the Peak District's Seven Wonders and I consider it to be the best cavern in the National Park - the stalagmites and stalactites are simply amazing!

£7.50 (does not include the cost of entry to Poole's Cavern which is currently £8 for adults and £7 concessionary)



Sunday 30th October - 'All Fired up & Raring to Go!'

The history and heritage of Cromford is a favourite of mine, especially since I was fortunate to be featured on 'The Boat That Guy Built' taking Guy on a guided tour around the village. Sunday 30th is a special occasion in that the Leawood pumphouse at the side of the fabulous Cromford Canal will be all fired up and open to visitors. This is an amazing place which will be alive with Fred Dibnah characters (all in boiler suits with pots of brasso, dusters and oil cans!). See the huge piston in action, hear the swishing of water and the clanking of machinery and be taken back in time to an age of steam, spanners, grease and grime technology. The walk of approximately 5.5 miles will also incorporate a walk up part of Sheep Pasture Incline on the High Peak Trail, a tour of the village and a visit to Cromford Mill.

£10



01629 814108 or 07989 622692 to book your place on any of the above walks

MY FAVOURITE PICTURE OF THE MONTH

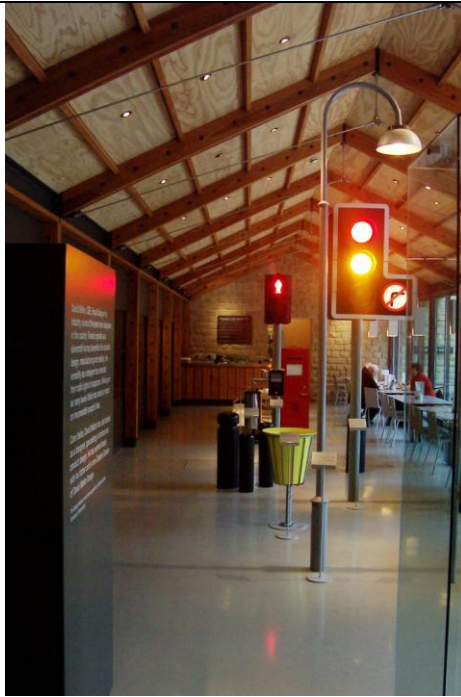


This is Hope Cross and a fantastic landscape view of the Vale of Edale with Lose Hill in the foreground and the famous ridge leading away to Back Tor and Mam Tor with Rushop Edge in the far distance.

Dated 1737 this old waymarker was erected at a crossroads of packhorse routes from Edale, Glossop, Hope and Sheffield. It is thought to have replaced an earlier cross and is situated on Doctors Gate which is a Roman Road that led from Navio near Brough to Melandra (Glossop).

Test your knowledge of the Peak District

Last month's picture puzzle



The above can be found at the David Mellor Cutlery Centre based in The Roundhouse at Hathersage. David Mellor, Royal Designer for Industry and CBE is probably best known for his quality cutlery designs. However he designed a diverse range of metalwork and silverware and in the 1960's redesigned the national traffic light system set within a square post box. Controversial at the time, it is still used today.

This month's picture puzzle



Where can you find these gates? Notice the skulls which support the pyramid shaped tops!

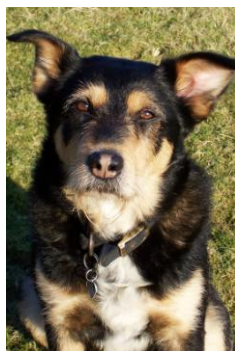
PEAK DISTRICT QUIZ QUESTIONS

(Answers at the end)

1. What plant has varieties that include deadly, enchanters and hairy? (10)
2. Who is silent at Earl Sterndale? (3,5,5)
3. Hatchet Hill near Buxton?? (3,4)
4. Which Saint is Hope Church dedicated to? (2,5)
5. Where are the Rhododendron Gardens? (3)
6. The Darley Dale man known for his screw threads (6,9)
7. Which river flows beneath Conksbury Bridge? (8)
8. Also known as Smedley's Folly (5,6)
9. An unlucky little insect perhaps (*Abraxas grossulariata*)?
10. Roy Hattersley's famous dog (6)

AN EXTRACT FROM 'ALFIE'S DIARY'

WRITTEN IN 2007



IT'S A DOG'S LIFE - ALFIE'S DIARY

Monday 24th September 2007

Mum and I are having a sad day today - it's the anniversary of *George's* death.

George was the dog that went on walks with mum before I came along. He was an old man when I was a pup and taught me all there was for a dog to learn as well as a bit extra. If it wasn't for *George* showing me how to cock my leg up, I would still be going around doing girlie tiddles!

George taught me had to stand up for myself against other dogs and what to do with the girls, although there was a bit of confusion there and for quite some time my 'best friend' was Henry!

George taught me how not to be sick in the back of the car and how to behave in public. He was my mentor and my best friend until suddenly one day he went out with mum for a drive without me and never came back.

Mum has a special pot in the china cabinet covered in forget-me-not flowers that she talks to sometimes, and every year on 24th September she sits it on the rug in front of the fire and makes me stay in the kitchen.

I'm trying my best to follow in George's paw prints, and would love to have just one more game of chase with him if I could.

I miss you George
love
Alfie



X

PEAK DISTRICT POETS

This little poem is a favourite of mine as it sums up why I don't bother going abroad and consider my days in the Peak District countryside to be one long holiday! It was written by Eliza Cook over a hundred years ago.

*" And Monsal, thou mine of Arcadian treasure.
Need we seek for Greek Islands and spice-laden gales,
While a temple like thine of enchantment and pleasure
May be found in our own native Derbyshire Dales"*

SNIPPET OF THE MONTH

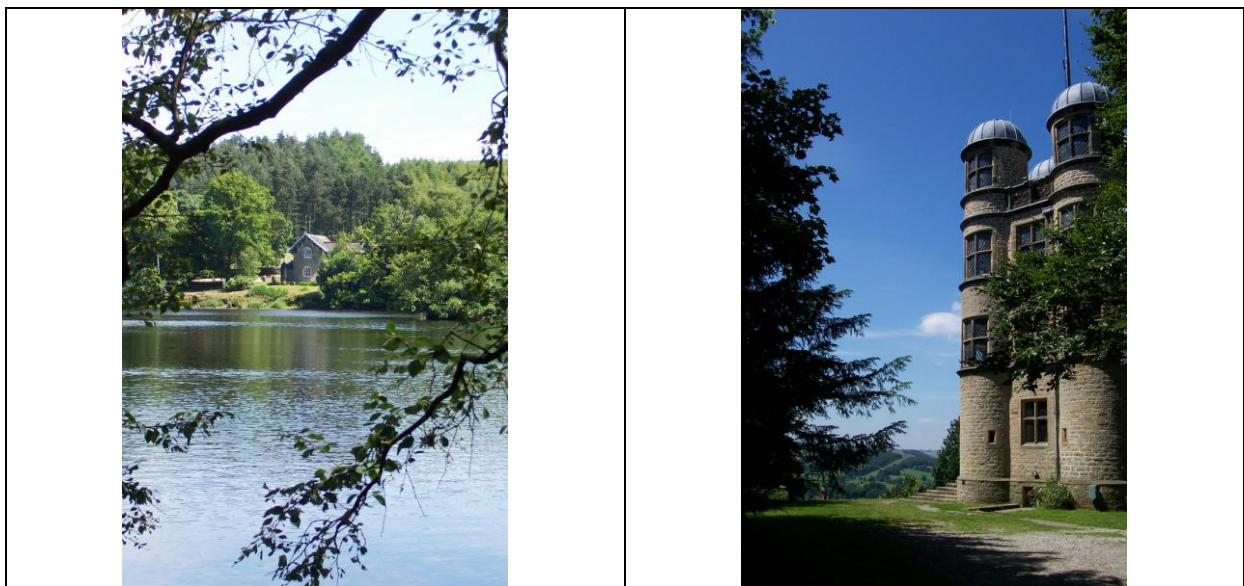


Hopton Hall near Carsington is in part a fine Elizabethan House much altered and extended in the 18th century. For 600 years it was the home of the Gell family until 1989 when it was sold following the death of the widow of P.V.W. Gell. By this time construction of Carsington Reservoir was well underway and before her

death Mrs Gell was said to have commented "the park never did have a good lake!"

Above is a picture of the unusually shaped boundary wall which is often described as 'crinkle crankle'. The 30ft high building which divides it was in fact built windowless and floorless as a summerhouse. During its construction it is said the resident Gell of the time instructed builders to continue upwards until he told them to stop. However, a business trip in London took longer than expected and resulted in this folly of a tower as they literally took him at his word!

Favourite Footpaths



I feel so lucky to have the wonders of Chatsworth just a short drive from where I live. Not only is the house a golden palace stocked with treasures and the gardens a wonderland of sculptures, architectural features and landscaping just waiting to be explored, but the vast estate is criss-crossed with fabulous paths and tracks, many of which are accessible to the public and free to roam. One of my favourite routes is to park at the House and walk up to the Hunting Tower and Swiss Lake. This route leads up through Stand Wood which was laid out by Paxton in the 19th century and contains many unusual mature trees and shrubs. Tucked away grottos suddenly appear through the trees as well as occasional views of the moors and far away hills. Swiss Lake and Swiss Cottage are sheltered in trees in a very isolated location high on the hilltop, and when you arrive at the Hunting Tower the view down over Chatsworth just takes your breath away!

Quiz Question Answers

1. Nightshade
2. The Quiet Woman
3. Axe Edge
4. St Peter
5. Lea
6. Joseph Whitworth
7. Lathkill
8. Riber Castle
9. Magpie Moth
10. Buster

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