



October/November
2011 Newsletter

www.sallymosley.co.uk

mail@sallymosley.co.uk

01629 814108/07989 622692

<p>Wednesday October 12th (new date) 'Three Stoops to Conquer' Approx 9-mile walk high on the Dark Peak moors and Edges from Longshaw Lodge, passing 3 ancient guide stoops including my absolute favourite! £10</p>	<p>Saturday October 15th 'The Ecton Experience' ONLY A FEW PLACES LEFT! A choice of either a 3 or 8 mile walk in the Manifold Valley with underground and overground tour of the former Ecton Copper Mine + lunch £15 (includes tour + lunch)</p>	<p>Sunday October 16th 'The Steam Train Special' Approx 5.5 mile walk along part of the Derwent Valley Heritage Way starting with a steam train ride and including a short town tour of Matlock £10 (to include the train ride)</p>	<p>Wednesday October 19th 'Buxton Inside & Out' Approx 3.5 mile town tour of Buxton incorporating Buxton Country Park, Solomon's Temple and an option to go into Poole's Cavern £7.50 (does not include cost of entry to the cavern)</p>
<p>Wednesday October 26th 'The Padley Pilgrimage' Approx 6 mile walk from Hathersage incorporating an exclusive tour and talk at historic Padley Chapel £10 (to include talk)</p>	<p>Sunday October 30th 'All Fired Up & Raring to Go!' Approx 5.5 mile heritage walk around Cromford & High Peak Trail including a visit to Leawood Pumphouse which will be fired up and operating. £10</p>	<p>Saturday November 19th 'Christmas Walk at Chatsworth' Approx 6.5 miles walk around Chatsworth arriving back in time to look around the Christmas Fayre with festive stalls. £7.50</p>	<p>Saturday/Sunday November 26th/27th FREE Bakewell Town Tours Two tours each day at 11am and 12.30am as part of the Bakewell Christmas Festival BOOKING ESSENTIAL</p>

(For further information on the above walks please scroll down.
You will also find articles of local interest, a picture quiz, puzzle, snippet of the month, and details of one of my favourite footpaths)

Hello fellow hikers and countryside lovers.

As I sit and write this Newsletter the sun is hotting up outside with a promise of 28-30 degrees by the end of the day, and it is October 1st! It's official, our weather is all over the place and how are we possibly expected to make plans. Last week I had put gloves in my pocket and this week it was sunscreen lotion!

Just when the supermarkets have taken all the barbecue items off the shelves to be packed away until next year, and replaced them with pumpkins, Halloween masks and huge tins of Christmas chocolates, suddenly everyone is frantically mowing their lawns and getting out the deckchairs once again.

These are perfect conditions for fungi to flourish and a recent walk around Longshaw was like a toadstool trail with some fantastic examples. This fly agaric looked like toffee apples covered with nutty nibbles. As it is highly poisonous though I resisted the urge to take a bite!



The ants at Longshaw were going bonkers in the sun, their huge nests swarming with activity. I came across this monster - thank goodness they aren't all this size!



My recent adventure down to Radio Derby was an interesting experience, especially as I went around a one-way system three times before I could find

the way to their building! I was privileged to be asked along as a 'Loudmouth' to air my views on 3 topics. These were 'the church and should priests be allowed to marry', 'should Henry (The Fonz) Winkler have been awarded an honorary OBE', and 'what do you do with old people when they need caring for'.

Along with two other Loudmouths, we gave our views and discussed each other's opinions which were extremely varied, at times resulting in a bit of heated but still friendly banter. I managed not to swear and only got told off once for interrupting and talking over one of the other Loudmouths, quite an achievement for me!

I've recently been working in association with Peak Village at Rowsley to produce some walking guides which are available to download from their website. A section of the FREE car park at Peak Village has been set aside as a Walkers Zone in a bid to encourage ramblers and walkers to visit the shopping outlet. It is a great idea as there are some brilliant bargains to be had and just about everything a walker might need can be purchased there, from outdoor clothing and accessories to boots, bags, a sandwich and sweets to eat on the way. I certainly look forward to a lovely pot of tea or milky latte as a reward at the end of a walk and Massarellas restaurant is superb. Check out www.peakvillage.co.uk/walkers-zone to find out more.

Forthcoming Walks

If you are interested in booking onto any of the following walks or would like to know more, please do not hesitate to phone 01629 814108/07989 622692 or email me at mail@sallymosley.co.uk.

Wednesday 12th October - 'Three Stoops to Conquer!'

Most people that know me are aware that I am an anorak when it comes to guide stoops (early way-markers). This walk is a hike over the hills to see three of these fabulous old stones which date back 300 years, including my all-time favourite! To find out why it is so special you will have to join me on my 9-mile hike over the moors from Longshaw Lodge to White Edge and Curbar Gap. The return is via Curbar Edge, Froggatt Edge and the Longshaw Estate. A rucksack snack would be a good idea but we will also call in at The Grouse and possibly end the walk in the tearoom at Longshaw if there is time. We meet at the National Trust pay and display car park at Longshaw Lodge at 9.30 with a view to setting off at 10 am.

£10 per person



Saturday 15th October - 'The Ecton Experience' (ONLY A FEW PLACES LEFT FOR THIS ONE!)

Located on the Staffordshire side of the Peak District National Park, Ecton Hill is steeped in history. Hidden from the outside world are a labyrinth of shafts and passageways leading down almost 1400 feet (most now flooded and inaccessible) that formed Ecton Copper Mine. In its heyday during the late 18th and early 19th centuries, Ecton was the richest copper mine in Europe and possibly the world. The mineral rights were owned by the Dukes of Devonshire from Chatsworth who used the vast profits to stock their stately home with treasures and to build the famous Crescent and indoor Riding Stables at Buxton (now known as Buxton Dome).

This fantastic walk is an opportunity not just to enjoy the magical Manifold Valley which is a stunningly beautiful and picturesque Dale, but to experience an underground/overground tour of the mine with specialist guides (no scrambling or ladders!) as well as a miners picnic lunch of home-made soup, bread, cakes and biscuits. The morning starts with a walk to the mine along the Manifold Way which was the route of a former narrow gauge light railway, then follows your Ecton Experience adventure. In the afternoon there is a choice of cutting short your day by returning to your car, or extending your knowledge of the area with a guided walk of approximately 5.5 miles (about 8 miles in total for the whole days hiking) through the Manifold Valley, calling in at the famous Wetton Mill tearooms which are picture postcard pretty!

£15 (includes walk + tour + picnic lunch)



Sunday 16th October - 'The Steam Train Special'

This moderate walk of approximately 5 $\frac{1}{2}$ miles starts by meeting at Rowsley South Station, the northern terminus of Peak Rail. After watching the tender being coupled up to carriages, we climb on board for a trip back in time with a steam train ride down to Matlock. There now follows a short tour of the town with snippets about its transformation in the mid 19th century when Matlock Bank was established as a hydropathic health resort popular with visitors from around the world. After an opportunity to picnic in the fabulous Hall Leys Park, our return to Rowsley South is a leisurely walk along a stretch of the Derwent Valley Heritage Way.

£10 (includes walk + train ride)



Wednesday 19th October - 'Buxton Inside & Out'

This is a lovely Town walk of about 3.5 miles to discover some of Buxton's architectural and historical treasures from the famous Dome and Crescent to little known surviving relics from an industrial past. After wandering for a while around the town, we head to the hilltop in Buxton Country Park for an ascent of Solomon's Temple, a distinctive landmark which was built in the 19th century. From here we descend to Poole's Cavern for an optional tour into the hillside. This is one of the Peak District's Seven Wonders and I consider it to be the best cavern in the National Park - the stalagmites and stalactites are simply amazing!

£7.50 (does not include the cost of entry to Poole's Cavern which is currently £8 for adults and £7 concessionary)



Wednesday 26th October – 'The Padley Pilgrimage'

Tucked away beside the wooded slopes of Padley Gorge is an ancient chapel steeped in history but with a tragic story to tell of the Padley Martyrs. We meet at the bottle bank car park opposite the swimming pool in Hathersage at 9.45 with a view to setting off at 10am. The walk to Padley is along a scenic riverside path which forms part of the Derwent Valley Heritage Way. Our route will be carpeted with spring flowers as we head up through mature woodland on old paths to Padley Chapel for an exclusive tour and talk by custodian Celia White who tells the fascinating history of this amazing building. Prepare to be spellbound! Afterwards we will continue along the track to pass the entrance to Totley Tunnel and a chance to visit the „Brief Encounter“ café at Grindleford Station. The return to Hathersage is elevated to appreciate and admire the stunning and far reaching views towards Dark Peak hills which surround the Hope Valley. **£10 (to include the tour and talk at Padley)**



Sunday 30th October – 'All Fired up & Raring to Go!'

The history and heritage of Cromford is a favourite of mine, especially since I was fortunate to be featured on 'The Boat That Guy Built' taking Guy on a guided tour around the village. Sunday 30th is a special occasion in that the Leawood pumphouse at the side of the fabulous Cromford Canal will be all fired up and open to visitors. This is an amazing place which will be alive with Fred Dibnah characters (all in boiler suits with pots of brasso, dusters and oil cans!). See the huge piston in action, hear the swishing of water and the clanking of machinery and be taken back in time to an age of steam, spanners, grease and grime technology. The walk of approximately 5.5 miles will also incorporate a walk up part of Sheep Pasture Incline on the High Peak Trail, a tour of the village and a visit to Cromford Mill.

£10



SATURDAY 19th November – 'Christmas Walk at Chatsworth'

This walk of approximately 6.5 miles is through the Chatsworth Estate, leading along a riverside path to Beeley before heading for the moors along a fabulous woodland path which brings us to the old Chesterfield coach road. From here we ramble over the moors before following a wonderful track past Swiss Cottage and the Emperor Lake bringing us to the famous landmark hunting tower. We then descend steeply back down to Chatsworth in time to have a look around the Christmas Market which offers a selection of some 40 stalls selling anything from Christmas gifts and local crafts to hot roast chestnuts and a flavour of local products.

£7.50



Saturday 26th & Sunday 27th November – Bakewell Town Tours

As part of the Bakewell Christmas Festival of events I have offered to lead two town tours of Bakewell on each day. At about 1.5 miles, each walk will be a wander around the town looking at some of its interesting features, discovering a few tucked away secrets and hearing lots of local knowledge and a bit of gossip

FREE OF CHARGE BUT BOOKING ESSENTIAL!



01629 814108 or 07989 622692 to book your place on any of the above walks

MY FAVOURITE PICTURE OF THE MONTH



I meant to include this picture in my last Newsletter. It was taken at Bakewell Show in August. The Golden Boy was real but posed as a mannequin similar to those on the banks of the Thames in Central London. I was at the Show with my two youngest grandchildren who were totally taken in by the 'statue' and jumped in shock when he suddenly smiled at them.

Test your knowledge of the Peak District

Last month's picture puzzle



These wonderfully ornate but somewhat macabre gateposts with supporting skulls are at the entrance to St Oswald's Church in Ashbourne. Interestingly, the incredible spire of St Oswald's is 212 feet high and was built in 1340.

This month's picture puzzle



Where can you find this pretty little lodge and what is its history?

PEAK DISTRICT QUIZ QUESTIONS

(Answers at the end)

1. What flows between Win and Lose? (3)
2. What colour are Tansy flowers? (6)
3. Where was the theatre associated with L. Du Garde Peach? (5,7)
4. Which village do you associate with black marble? (7)
5. Another name for Robin Hood's Stride (4,7,4)
6. *Thats No* - a village anagram (7)
7. The northern terminus for the former Manifold Light Railway (5,3)
8. *Muscardinus avellanarius* (8)
9. An environmentally friendly hilltop near Aldwark (5,3)
10. Little Longstone's pub (3,9)

AN EXTRACT FROM 'ALFIE'S DIARY'

WRITTEN IN 2007



Monday 29th October 2007

It's that strange time of year again when scary things happen!

The eldest grandchildren came today to show mum their outfits for Halloween. Jessica was dressed as a cat (how dare she!), Isobel was a luminous skeleton, Agatha was a witch and little Abigail a red horned devil! Huge orange round vegetables have appeared in the kitchen which mum has put candles inside.

We have this strange performance every year which is a bit weird. Last year I was just having a nice little nap by the fire, it had gone dark and I was all relaxed and settled for the night when suddenly there was a lot of banging outside and then knocking on the door.

I take 'guarding the house' very seriously and rushed through the kitchen like something possessed, woofing, growling and making out that I am a fierce watchdog. When mum opened the door though I ran back to the lounge twice as fast and hid behind the sofa - there were ghosts and ghouls in the back yard wailing and screeching!

It took me days to get over it and calm down. Just when I had recovered and stopped shaking there were huge bonfires and noisy fireworks everywhere with loud bangs that sent me hiding under the bed - crazy or what?

Alfie

I'm only a timid dog really

X

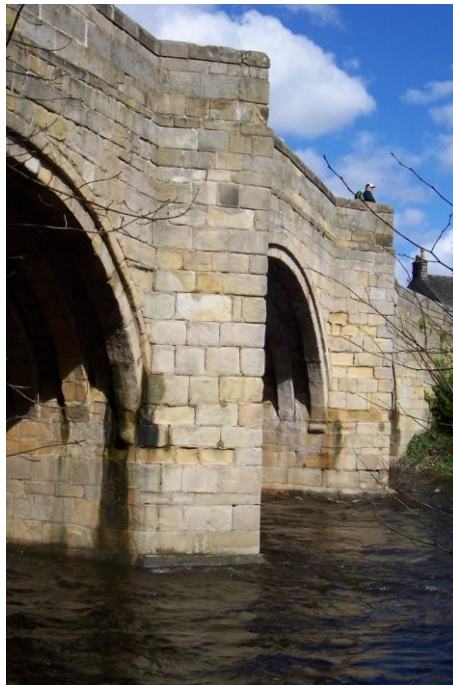


PEAK DISTRICT POETS

*Will you go with me to the moors?
To the land of grouse and heather
Yon level ridge in the distance
Where hill and sky meet together
One hour from where we are standing
In sound of the forge and the hammer
And you'll hear the crow of the moor cock
And the lapwing's ceaseless clamour*

(written in the 19th century by J.H.J?)

SNIPPET OF THE MONTH



These are the high arches of Baslow Bridge, just downstream from the fabulous long weir by the former mill on the River Derwent. The stone structure replaced an earlier wooden bridge and was constructed to cope with the increasing flow of carriages and carts carrying millstones and quarried stone across from the Edges which had been too heavy for the wooden bridge resulting in a weight restriction being imposed (yes, even in those days!) Records dating back to 1500 state that anyone caught trying to cross the wooden bridge with a heavy load would be "fined under pain of 6/8d" (a lot of money in those days!). On the end of the stone bridge is a little toll-keepers cottage which is known as Molly Brady's House, named after a penniless local girl who turned to drink, begging and sleeping rough. She is said to have regularly taken shelter in the old watchman's hut.

Favourite Footpaths



One of my favourite walks is to head up from Baslow on the old coach road leading steeply to Wellington's Monument and the Eagle Stone and then walk over to Curbar Gap. The view from this elevated vantage point offers a panoramic picture of the Peak District on a plate. There are aerial views down over Curbar and Calver with Stoney Middleton tucked away in a cleft in the hills and Eyam just a distant jumble of houses.

After only a short walk down from Curbar Gap there are the Cundy plague graves located in a sheltered hollow on the edge of the moor, whilst at the side of a footpath heading back towards Curbar village is the adorable little lock-up which appears like a little honeypot cottage. Curbar is a pretty village with character properties and an ancient stone pinfold.

From Curbar I like to wander down a footpath leading to Curbar Bridge and then follow a riverside path all the way back to Baslow, possibly popping in to Calver Bridge cafe for a nice pot of tea and a piece of cake!

Quiz Question Answers

1. Noe
2. Yellow
3. Great Hucklow
4. Ashford
5. Mock Beggars Hall
6. Shatton
7. Hulme End
8. Dormouse
9. Green Low
10. The Packhorse

If you do not wish to receive future newsletters, can you please email me on mail@sallymosley.co.uk and write 'unsubscribe' in the subject line.